



North Shore Stars Volleyball Club

Spring Youth League for Girls Grades 6 to 9

The Youth League concept was developed in response to the growing interest in youth volleyball and is designed to provide athletes with basic skill development and game-situation practice. This is a great opportunity for athletes who were not selected to a club team, could not play due to scheduling conflicts, or who are new to the game.

Dates: Sunday April 8 - May 27

Time: 12:30 - 2:00pm

Participants: Grade 6, 7, 8, and 9 girls (maximum 40 participants)

Where: Sutherland Secondary School, North Vancouver

Cost: \$135 for eight sessions



The league will run much like a train and play. The first 30 minutes will be devoted to skill development. Coaches will plan different skills to focus on and build each week. The last part of each session will be team play, with a mini tournament to finish the season.



Registration now open!

North Shore Stars Volleyball Club

Developing leaders through volleyball

www.starsvolleyball.com